



Rewrite Your Relationship DNA & Embody your ideal love story



MODULE 8 WORKBOOK

The Ultimate
Compatibility Test

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*“For Small Creatures Such As We, The
Vastness Is Only Bearable Through Love.”*

- Carl Sagan

LESSON 1:

THE TWO REASONS RELATIONSHIPS FAIL

The Only Two Reasons Relationships Fail

When you boil it down, relationships fail for only two reasons: Either a lack of compatibility or a lack of commitment.

Some might wonder if there is a deeper compatibility issue underneath the conflicts, doubts, and misgivings about the future of a relationship. We've asked hundreds of couples to share with us what compatibility issues they've faced in the past:

- Lack of consideration or generosity
- Not aware enough
- Too controlling / too rigid
- Too accommodating
- No shared reality

- No spiritual compatibility
- Incompatible conflict style
- Too much processing
- Incompatible attitudes about money
- Incompatible relationship structure

In digging deeper, however, we found that in each of these cases, there were other couples who had similar differences but used those differences to make their relationship stronger and better.

If some couples use differences to make their relationship stronger and others use those same differences to claim incompatibility and explain why the relationship isn't working, then the real problem in the relationship is not really compatibility.

It is *commitment*.

Given a deep enough commitment, each of these seeming “incompatibilities” can actually become a source of richness and even pleasure in the relationship, as each person in the couple has something important to teach and to learn from the other.

Commitment doesn't mean having an unfeeling resolve to stay in a relationship even though it is painful for everyone involved. That's just thick-headedness. Commitment means staying in, for sure. But it also means being willing to see the beauty in your differences. To discover where your upset might be coming from your *own* limitations rather than your partners. It means being committed to open your eyes, your mind, your heart, and your body to the possibility that the very thing you wish was different about your partner is in fact the exact key you need to your greatest development.

Note: If you are in abusive relationship, please get help and get out. One aspect of the pattern of abuse is reinforcing the belief that it's “all your fault”. If you feel abused, get help right now.

In the next lesson we'll talk about the one area of compatibility that does matter and offer the “ultimate compatibility test.” But for now just contemplate your commitment and where it could be more complete.

REFLECTION QUESTIONS:

Where could increasing your level of commitment add most to your relationships? What specifically would that look like?

To complete lesson 1, share your answer [here](#)

LESSON 2:

SOULMATES? THE ULTIMATE COMPATIBILITY TEST

So When Is It An Issue Of Compatibility?

So if most compatibility questions really boil down to a lack of commitment, what is the ultimate compatibility test?

We believe there are two simple but powerful questions that you can ask yourself to know if you and your partner are compatible or not. Take a deep breath, get in touch with how your body feels and then ask yourself:

- 1) “Do I want to become the future version of me that my partner imagines I’m likely to become? (So much so that I’d rather become that person than the one I imagine I’m likely to become?)”
- 2) “Do I have a more positive and powerful future of my partner than they do for themselves? Do they want to become the person I imagine they can be?”

If you and your partner each answer “YES!”, then whatever challenges, difficulty, or differences you may be experiencing aside: You ARE compatible.

REFLECTION QUESTIONS:

What future vision does your partner hold for you? What future vision do you hold for your partner?

To complete lesson 2, share your answer [here](#)

LESSON 3: COMMON COMPATIBILITY MISTAKES

Compatibility Is Directly Related To Creating A Future Vision

Given that the ultimate compatibility test for any couple depends on how much each person in the relationship wants to grow into the future vision of the other, the ability to create a compelling future vision for another person is a very important part of Evolving Love.

Common Mistakes When Creating A Future Vision

Not everyone has practice or experience creating a future vision of another person. Don't worry. What matters most is in your heart. If you believe in your partner but have trouble expressing it, this Module and a little practice can help. Here are some of the most common mistakes that people make when creating a future vision for their partner:

- 1) **Don't** create a future vision designed to "fix" what's "wrong" with your partner.
- 2) **Don't** create a future vision based on avoiding or compensating for your own insecurities or shortcomings.
- 3) **Don't** just parrot what your partner has said they want for themselves.
- 4) **Don't** create a future vision that lacks sophistication and finesse in the areas most important to your partner. If they are an artist, learn enough about their craft to understand the subtleties that move them. If they

are in business, learn enough about their business to understand what is possible.

- 5) **Don't** say what you think your partner wants you to say. It is vital that you really believe this is the most likely future for them.
- 6) **Don't** create a future vision that is all about how to make your relationship feel better for you. Make sure that the realization of your future vision would benefit your partner and the world.
- 7) **Don't** create a future vision that you would like to believe can come true but secretly think will not.

It's ok if you find yourself falling into these mistakes at first. When you notice them, or if you notice your partner is not responding to your vision the way you expected, use this list as a reference for what might be going wrong.

REFLECTION QUESTIONS:

Let us know in your last significant relationship(s) share your response to this question: "I was more committed to _____ than to discovering and developing into _____."

To complete lesson 3, share your answer [here](#)

LESSON 4: HOW LONG DOES IT TAKE TO KNOW WE ARE COMPATIBLE

How Soon Should I Start Creating A Future Vision?

This is a pretty deep conversation, and you might feel weird about having it with someone before you know you are “serious”.

We encourage you to try it.

It can be a fun, juicy conversation to have during courtship. It can be a romantic, loving conversation to have when you’ve been married for years. It can be nourishing, centering conversation to have when you’ve loved each other for decades.

The more you become comfortable with discussing positive future visions for each other in your relationship, the easier it will be to feel the deeper sense of compatibility that can make all other conversations smoother, easier, and more fun.

REFLECTION QUESTIONS:

Is there any part of your vision for your partner that you are afraid to share? What is the basis of that fear? What kind of environment would you need to create in order to feel safe with your partner in the face of that fear?

To complete lesson 4, share your answer [here](#)

EVOLVING LOVE VIDEO TRANSCRIPTS:

Lesson 1 – Lesson 4

LESSON 1: The Two Reasons Relationships Fail

(J) Why do relationships end? In our book, there are only two reasons relationships end. Really for us it's either:

#1 Our Commitment or

#2 Our Compatibility

Basically almost any reason you could give is going to fall within one of those two.

Just for fun, let me hear some of the top level reasons that you say some of your last couple of relationships ended. What's the normal version? Not this awesome because I was afraid, but what you would have said before.

Lack of consideration on other side.

(B) Like a consideration, generosity, compatibility, the awareness compatibility, self awareness.

(J) Not aware.

(B) Dominant/submission, that balance, because if someone likes a lot of that power play and someone doesn't, that could be incompatible.

(J) Too controlling. Too accommodating. No shared reality. Not committed enough.

(B) Spiritual compatibility. There's a trump country version of that word. It's like Protestants and Catholics or incompatible religious beliefs, which also lines up as spiritual compatibility.

(J) Different beliefs, different values, that kind of thing.

(B) Some people would say there's an incompatible conflict style. I like to talk things out. You like to throw things.

(J) Bryan and I had a total relatory moment, which again, because we try to source our content from our revelations of what we learn every time we have a conflict, is that we were each upset at how the other was handling conflicts because we each were doing only half the equation and thinking that our half was the whole part of it and then going, "Why are you doing this piece? It's like the whole piece." He's like, "Why are you doing this piece?"

For him it was the repair/restoring the system back to it feeling good. That's what he was good at and I was like, "No, no, no. You've got to actually change something. You're got to actually restructure and not keep doing it." He was really good at repairing the state, where we were back to a happy state. I didn't care about the state. I just wanted the thing to shift.

(B) If you have no intention on changing anything, then you have to get really good at repairing the emotion.

(J) Too much processing or not enough. Not actually resolving it for you and too much trying to resolve it for her.

(B) There's also geography, you mentioned, long distance relationships. Geographical incompatibility.

(J) How you handle money.

(B) Now we're getting to it.

(J) These are some core ones.

(B) Like an open style or monogamy.

(J) Incompatible containers. You have different ones that you each want. In our view of why relationships end starting here. Incompatible relationship structure or container is actually a commitment issue because we can actually commit to working that out. This is something that if you have commitment, all of these things are shiftable. You can actually create a container that works for both.

How you handle money. That's a commitment thing. Are you committed to creating a structure where you each are handling money in the way that serves you both?

Here what do we have? Too much processing or not enough. That's also a commitment issue. Are you committed to actually finding a harmonious processing style?

(B) A conflict resolution system that works for both of you.

(J) So far none of these are actually compatibility issues yet. Let's see. Didn't handle conflict well. Can we get committed to actually handling the conflict well? We might have thought of some of these things as compatibility issues. Like we don't have a compatible style.

Spiritually compatible. Can we get committed to actually finding what would be?

In each of these cases, no shared reality, are we committed to actually creating shared reality? How about too accommodating? Is that actually compatibility?

In our book, again, that one isn't either because, again, are we committed to actually creating something that is healthy.

You have to tell me about the children one, Bryan.

(B) We're incompatible in that way and it's working out pretty good. She doesn't want kids. I want more children. I have a child from a previous marriage. I want more children.

(J) I don't want.

(B) We decided that she's going to decide. It's her body and it would affect her life flow a lot more than it would affect mine, so we decided she would decide and she decided no, so that's what we're going with. That tells me I'm more committed to that story than to the marriage. That's not true. What you just said is a fallacy. It's a manipulation that I need to have children.

I'm 100% sure that I want to have a child with Jennifer. I'm 100% sure of that. Every part of that would be awesome. Hell yes, let's do it now, which is a commitment issue. He was more committed to that story.

(J) He was more committed to that than the relationship working. We might feel for him and go, "That's a good reason." We might, but it's certainly a commitment issue because if you were committed to the relationship, then you would have figured out.

(B) Calling it incompatibility contains the pretense that he's not changeable. He hasn't chosen freely that position. I don't know if he said it this way, but the honest way to say that is, "Honey, I've decided I want kids more than I want you." I bet it wasn't quite as clean as that.

(J) At least not the first time.

(B) And I'm pretty sure when he was having those experiences, was probably running pattern about control and rebellion.

(J) It goes the same the other way. Not wanting children. That could be also the commitment issue. If I was more committed to not having children than to Bryan, then I would also be having a commitment issue. I'm not committed enough to this relationship.

LESSON 2: SoulMates? The Ultimate Compatibility Test

(J) What is the compatibility piece? If these are the only two, commitment or compatibility – all of this is on the commitment side, so what would be on the compatibility side? I didn't even leave any room here.

(B) We do believe that there is such a thing called compatibility or incompatibility. I don't know about you guys, but a lot of people that we know, who are not yet in evolutionary partnerships, struggle with this question, particularly when things are kind of crummy. "Is it worth it? Should I stay in? Am I selling out if I leave? Am I settling if I stay?"

(J) "Are they the right one? Are they the wrong one? Am I wasting my time? Is there something better out there? The grass is greener."

(B) This is designed to just answer that question. For us compatibility goes like this. You have one person. In this person's imagination, they imagine a future version of who they're going to be, the trajectory of their evolution, their vision of themselves.

Once they start interacting, they also start to develop whether they're conscious of it or not, an idea of who this one is going to be in the future. Meanwhile, this person is doing the same thing after interacting. First of all, they come with their idea of who they're going to be, the direction they're headed and then once they interact for a little while they have an idea of who you're going to be.

These are sometimes articulated and explicit. They're sometimes felt. Sometimes you don't even know yourself what it is exactly, but it forms as a

set of reactions to what's happening. If you've never spoken about what the future versions of yourselves and your partners are in their minds, you can kind of tell by reverse engineering. They're nagging or upset or complaints or any time they weren't happy because any time they weren't happy, it was because you were diverging from this path.

The compatibility question is would you rather be this one than that one? Would they rather be this one than that one? If so, you're compatible. If not, the relationship is going to be problematic.

(J) Said another way. The way to determine are you compatible, is this person the one, there's only one question worth asking and it's not whether they want children or not, not whether they have consideration or not or whether they're controlling or rigid or accommodating. It's do I want to surrender to become the future vision that they hold for me and that is the compatibility question. It's the only thing really that's over here because all the rest of this can sort itself out.

If you are wanting and willing to surrender to become the future vision they hold for you, not your version of you that you hold for yourself, but the one they hold. Why? Because they are able to hold a future vision of you that is so much larger than the one you're able to hold because you are carrying around your own baggage, your own limitations.

We have the most limited sense of self, not the least limited sense of self, and our partners, in their love for us, can hold the highest and largest vision of us that isn't encumbered by our limitations. So their future vision of us, when they love us, is more trustable than ours.

(B) This one here is incredibly distorted, you always be yourself, because it's inflated by your overcompensating for what you're afraid isn't, your insecurity. If you're afraid you're not successful, then you decide that your future version of yourself is you're going to be a billionaire because you want to really prove that you're really successful, but since you are actually successful and the fact that you're not is a lie, all of that exaggeration comes off as posturing authenticity.

They're also suppressed by the ways you don't believe in yourself. I can't really do that. That's not me. I could never do that, which is not true. You can do that.

It's the people that love you. They don't have your baggage. They don't have your insecurities. Your partner that gets to see you, as Jennifer said, the worst and the best. They don't have your insecurities, so they see the future as it actually can be.

Talking to Jennifer about how do you see my life going? Paint for me a picture. What's three years from now, five years from now, ten years? She started talking about what she saw for me when we were dating just a few months, maybe four, five months.

(J) Because we do this explicitly.

(B) I was astonished at who she thought I would be. It was so much more exciting. If I compared who I thought I was becoming and then the guy she was describing, the guy she was describing was so much cooler. He was sexier. He was an artist. He was more self expressed. He was more powerful. He was awesome.

I just decided I was going to go ahead and trust that vision and then my commitment to Jennifer in our relationship ceased being a commitment to Jennifer and her pattern and her preferences and her personality and my commitment became a commitment to become that man and just use all my resources to become him.

Now, of course, to become him I need my access to the source of the vision. I need the vision holder. I need my window into who he is, so of course I'm going to be committed to Jennifer. She's my only access point to that man. Every other human on the planet would have a different picture. She's the only one that sees him.

(J) Mine is going to be unique from any other human on the planet. So deciding whether I'm the one for him is do I want to become that version that she holds for me. Do I feel more expanded? Is that the man that when I look back at myself I'm clapping and my self esteem is going yes and I'm giving myself a standing ovation?

That's how you choose. That's the compatibility factor.

(B) If I think I need kids and she says, "You want kids. You don't need kids." That's a window. That's a clue into the future version of me. That doesn't have arbitrary needs. That's self secure no matter what the circumstances are.

Then it's not like, "I'm more committed to Jennifer than kids." I'm not comparing the existence of a little one with Jennifer. I'm actually taking a clue. "Wait a minute. I signed up for this vision because I have faith in it and

when it seems off to me or it's different than my preferences, that's a clue that I need to grow." That's a clue that I've reached one of my limitations.

This is a place where her vision turns left and mine would have turned right. I need to turn left because otherwise I'll never be him.

(J) Consequently, if your partner is holding a vision for you that's actually them compensating for their own insecurities. I want you to be more loyal and I want you to come home early and I want you to tell me I love you 10 times a day. You get that they're compensating for their smallness and their fear and when you climb into that vision, even though there's some good behavior in it, you're not feeling larger and grander. You're feeling smaller and like they're trying to compensate. That's not necessarily a vision that's a compatible one where you're going to be clapping for yourself as the future you going yes.

So there are ways to create a future vision for your partner that don't actually have anything to do with your partner, that have way more to do with you. The idea is are you able to create a compelling vision that is yours, regardless of your personal preference, but is actually seeing into the future of who they can become.

When I see a future vision of Bryan, it's not about what I preferred at all. It was about the man that I could see was on the precipice.

Some of my personal preferences might have been a little bit more devotional, less demon slut. That might have been it.

(B) Taller.

(J) But that would have been about my personal preference, not at all about seeing into his future in a way where I have a window into it that isn't clouded by his limitations and if I can hold my preferences and issues at bay and really see that purely, which is what happens when you love someone, then you can build a really, really compelling future vision.

When we talked about the steps, like what's the step one, is really just having an open mind, really being willing to see the pattern, ID it. Step two being willing to disbelieve it. Step three is having something more compelling because the minute you are excited out of your mind to become that man, I guarantee you you will grow and you will begin to drop those patterns because the future vision, if you're any kind of man or woman, is not going to be riddled by the fear of not enoughness and the lack of belonging and the I'm a victim.

It's not going to be full of the world is unsafe. It's going to be full of a man or a woman empowered, a man or a woman who is unleashed and liberated. That's the stuff of visions that we have for each other.

What we want you all to do, regardless of your relationship status, is to be explicit with that with the people that you know. Rather than having to figure it out from what you're complaining about. It could be a friend, could be a lover, but underneath the complaint is actually some of the vision, but rather than doing it that way, you could actually explicitly say, "I notice you never put away the dishes, so the house is a wreck." Rather than saying, "The house is a wreck. I really don't like that. Will you please keep my home nicer?"

You could say, “I believe in a vision of you where you’re so much more conscious of your environment, that you see your environment as a reflection of your inner world and that your inner world is just as much a temple as your outer world and I see a version of you that actually lives that way and feels so much more serene and at peace because of it.”

That’s so different than, “I hate it that you don’t clean up the dishes.” That’s something more compelling. They’re like, “If that’s the reflection of how my consciousness is, I actually want that reflection to be a good one. I do want my life, my inner world and outer world to be a reflection of who am I.” So now you’ve got them invested.

(B) Compatibility therefore is a choice. I think most people relate to compatibility as the one thing you can’t choose. Compatibility in fact is a choice because how you see other people and their futures is up to you. You get to decide how you see them. Likewise, it’s up to you to be inspired or not inspired by their vision. I don’t have to be inspired by Jennifer’s vision. I just was. She blew me away. I trusted the source. Therefore, compatibility is not fixed. It’s up to you.

LESSON 3 - Common Compatibility Mistakes

(B) I wanted to go through some common mistakes that people make when creating future visions and making these mistakes will always lead to the feeling that you and your partner are not compatible. So if you create your vision from any of these mistakes, you're going to end up thinking you're not compatible about the kids or about the shared reality or about some other things.

#1 So do not create a future vision for your partner based on your belief that something is wrong with your partner and must be fixed, which we were working with a little bit earlier. If you think something is wrong with them and so you create a vision that fixes that, that isn't a vision. That's you pathologizing them.

#2 Don't create a vision that's based on avoiding or compensating for your own insecurities, misconceptions or pathology. If you get really, really, really jealous when your partner looks at the waitress in the eye, don't create a future vision of them where they never look waitresses in the eye. That's actually not inspiring in terms of who they are. It's just tiptoeing around your insecurities or your sensitivities.

Some of the vision for me that Jennifer has held and vice versa have been quite challenging for us. I have this vision for you, but I'm a little triggered actually by you becoming this vision, so I've got some work to do, but it is clearly who you can become.

#3 Don't create a future vision that lacks sophistication or finesse in the areas of live most alive for your partner. It doesn't mean you have to be involved or

engaged. If it's a particular spiritual pursuit for example, you don't have to go and do the spiritual retreats and spend your time that way, but you do have to have enough sophistication and finesse in that area so the vision feels like it's real and inspiring.

(J) Let me give you an example of that one. We had a couple. They actually did end up breaking up. One of them, the man in the partnership, he would work hard/play hard. He had a lot of business dealings. He was on the go. He was creating a lot and had big visions for himself. He really wanted to make a big impact on the world and really believed in himself to do it and was often just on the go.

He was with a woman in the relationship that was still trying to find her way in her life and never really found a vocation, wasn't sure how she wanted to give back to the planet and was having trouble with their lifestyle as fast paced as it was. Her vision for him was to slow down and relax and be happy with, what for him, felt like a smaller impact.

That vision feels one way from someone who has no sense yet of having impact in the world and having a vocation and being really thrilled and motivated by that impact. Had that woman been a highly successful, fairly famous woman that had been through those paces, that had run several businesses herself and looked at him and said from that standpoint, "I know that path and what I see for you is creating more spaciousness because I see you operating out of more stress than you actually need to operate out of."

She's coming from a place of having walked that path, some sophistication, while the other one might be coming from a path of lacking any sophistication of what it would be like to operate at that level. It just so

happened that he didn't take her vision as feeling sophisticated enough for him to take as seriously as he could have.

She might have had wisdom for him there. There was also a lack of feeling into what his values were, what would drive him, what would have him clapping for himself. She was wanting the slower pace rather than seeing what would he be proud of himself to do. It's not what she wanted.

When I created a vision for Bryan, it wasn't what do I want for me in the future. It was what do I see on his future timeline that will have him clapping for himself. That's a piece.

(B) Jennifer had aspects of her vision for me that were musical. It was the whole birth of Nemetete, which is my identity as an electronic music producer, came from her vision in this conversation, her saying I'm an artist. I always thought I was a hack musically, not an artist.

(J) Creativity was just oozing.

(B) Artist. I was like, "OK. Then I am. I'm going to do that. I'm going to do things artists do then, make art." It would be one thing if someone who had no musical talent or no musical understanding or no understanding of what it took to produce music said, "You're a great musician." I'd be like, "Yeah, yeah, yeah," but Jennifer was a competition winning concert pianist, so for her to say, "I've played Brandenburg and Rachmaninoff and what you're doing is very special and you need to cultivate it."

She brought sophistication to the area that I cared about that made the vision very trustable.

(J) Categorically different than someone who's like, "You played a song. You should be an artist," without any kind of understanding of what it means to actually bring artistry and refinement to something such that it rises to the level of art and not just hobby.

(B) You don't do a vision that lacks sophistication or finesse in the areas of life most alive for your partner.

Don't create a vision that's not backed by absolute faith that your partner can and will manifest the vision as reality. If you really don't think they're going to get there, then it's not a vision. It's like teasing them. Don't create a vision that's not significantly different or evolved from the present state. You're perfect is not an inspiring vision. In a way it feels like laziness almost.

There's lots of space and time for your perfect in relationships, but vision holding isn't it.

(J) And a good relationship is a balance of both of those things, but when you're doing the visioning, you want to see that future self.

(B) Don't create a vision that's only based on what you think your partner wants to hear and not based on your own actual intuition and truth. It's got to be the thing that you really think is going to happen, that you really think is their path.

When you follow those guidelines, you avoid the don'ts. You can create an inspiring vision and I would start creating one for yourself. What's a vision for yourself? What's the version of yourself that has a much, much bigger area of

sensation, so it takes way, way more energy and sensation to trigger you? What does he or she look like?

Really get a picture of that in your mind. The other train we want you to step on, once you identify the pattern, is what can I do to become that guy? What can I do to become her?

If I want poise and strength and sophistication and I freak out and I recognize my pattern and I realize my pattern is actually the cause of my pain, not the other person. My next move is, "From where I am now, what's my future vision do? What's the thing I can do right now that's the biggest step in that direction I can go?" Then you're not figuring the pattern out anymore. The pattern is history.

Now you're on a mission to become this new thing and that's the new train. The person I most want to be is more compelling than any story I have about my own limitation or disregulation or victim story.

(J) That person is often on the other side of that pattern. It's who you are when you're several steps ahead of the game around that pattern.

(B) It takes something really inspiring more than just, "So I'm just supposed to trust him now." That's not good enough to get me off of that story, but if I have a picture that I've already thought of for me of, in your case, the kind of woman I want to be.

What kind of a leader do I want to be at work regardless of him or any other situation and then what's a move I could make right now that's a step in that

direction? That's inspiring enough for me to stop the victim/perpetrator titter tat with him and move onto a different thought process.

LESSON 4 - How Long Does It Take (To know if we're compatible)?

(J) Have you ever done a performance review? In that context you create a performance review. Here's what I notice and here's what I see for you and this is what it would take for the promotion or what I see for you to have upward mobility in the organization. That's actually them creating a future vision for you to live into as part of the performance review process.

It's not only relevant, but I'd say necessary for anyone to want to be intrinsically motivated to stay in a job is that you're always growing and learning. It's not just about money and paying the bills. Are you expanding who you are everyday that you're in this job? If so, you have someone loyal to you for life because you are the key to their expansion and growth and evolution.

If they're a really good leader, it would be in service, not just of what does the company need for you to give to the company because you're in service to the company, but they would realize the company is actually in service to them. The company is in service to the employees. We have it backwards in our system which is why we all feel like indentured servants.

Our structures, our businesses, our projects are supposed to be in service to us and our growth as human beings first and foremost. If I were leading someone in a team, and I often coach people and help people with their leadership, it would be about what would be in service to your greatest development using this job as one of the mechanisms for you to develop.

Then I wouldn't be greedy about it. I wouldn't be like, "You'd be working 10 more hours a week, giving us more overtime." It probably wouldn't be stuff like that.

(B) Her natural way of being, is to check-in with me and say, "I notice that this thing is being handled this way. I think there's probably a better way to handle it. I don't know exactly how it is for you or what it's going to be, but I really see you reaching the point where that doesn't bother you or where that's easier for you or that's happening more automatically for you." She'll just throw that out there and then I'll start to think, "I wonder how that would be." Then I'll check with her. "What if we did this? Would that meet that?" And she's like, "Yes."

It's something I don't recommend you try to stretch to make it work. I didn't just sign up to be the snapshot in 2008 Jennifer thought of once. I'm signing up to be the iterative revision of her idea of who I can be for a lifetime. I have to really trust the vision generating mechanism over there. I have to trust the organism that came up with the vision.

(J) We have that it's gated. You either trust it or you don't. It's not like let me check each one to decide whether I am going to surrender to become that vision. I've decided that I trust implicitly his future vision and they change all the time.

The future vision he had for me eight years ago is not the same one he has for me today because I am evolving and so is he and we may zig and zag and turn. All I have to do is know do I trust and surrender to become whatever that vision is regardless of what it looks like today, tomorrow or yesterday. I'm trusting the mechanism, not evaluating whether the vision is good or not.

Love context. That's how we gauge compatibility.

(B) That being said, not everybody is accustomed to making visions for each other, so it could take a little while the first time to get the kind of head space that they need to be in in order to speak what it is. So it might take a week or two weeks of discussion to get to it. I wouldn't go three months of trying to figure it out. If you're still trying to make it work and fit into the vision after three months, then you're probably stretching it and it probably isn't working.

They don't have to nail it in the first conversation. Maybe culturally they're not even used to having a vision for another person. They have to do some mental gymnastics to figure out and retrace their steps to figure out what it is.

(J) You having money handled could be a vision I might hold for you. How you do that, whether it's through rental properties or a book or something else that lights you up, the nature of how I want you to be in those decisions and how I see you relating to those things would be like more of the vision.

We might have things to say with each other about the how, but the vision is a little cross contextual, where it would apply no matter what area of his life. Like having the stress in his life be lower, such that we're not worried about paying bills because I see a vision of a man who is equanimous and relaxed and regulated, not dis-regulated. That might be the vision.

Not I see a man who paid his bills on the first of the month every month. It's too small. That's a how and we might discuss a strategy on how to have him feel that way, but the vision is cross contextual.

(B) I wouldn't know if I could commit if I wasn't clear about who I was committing to be. Once I'm clear on that, either I want to be that person or I don't and if I do, then I'm going to become that person, which is probably going to bring me closer to Jennifer, not farther away. If at some point I have to leave Jennifer to be that guy, then I guess we could address that, but I just don't see that happening.

Because the commitment is no longer a commitment to you. She's making a commitment to herself, who she wants to be that you're an instrumental part of.